



Eating Disorder and Mental Health Care

— *via secure Telehealth— Anywhere in Australia*

Welcome to MORGAN.

Welcome to MORGAN., an integrated psychology and dietetics practice based in Western Australia, supporting individuals and families **statewide** and **nationwide** via secure telehealth. We provide evidence-based, neuro-affirming psychological and dietetic care for eating disorders and other mental health concerns, delivered via secure telehealth.

Our team has extensive experience supporting individuals aged 12 and above and families across metropolitan and regional Western Australia. We understand that asking for help can feel overwhelming and we are here to support you at your pace.

How we help

- Psychology: Evidence-based support for eating disorders and mental health concerns
- Dietetics: Practical, individualised nutrition support
- Family & Carers: Support for parents, partners and support people

What happens next



Intake and review

We receive and process your GP referral, or you can self-refer by contacting us directly.

Connecting

We contact you via phone or email to find a suitable time and match you with a clinician.

Booking & consent

You complete a brief online intake and consent form. We send you a secure telehealth link 48 hours before your session.

Your First Session:

All you need is a private space, a stable internet connection, and a screen. We will talk through what has been happening, explore your goals, and map out a plan to support you.

Not sure you are ready?

That's okay. Many people feel uncertain about change. Our approach is collaborative, compassionate and non-judgemental. We will work with you at a pace that feels manageable.

Resources

Visit our website for articles, FAQs and other resources.

Contact & Support

Email: admin@morganpsychology.au

Website: www.morganpsychology.au